

## Full Report (All Nutrients) 45052033, FRESH YOUNG TURKEY, UPC: 041497065820

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**Report Date: May 22, 2017 11:44 EDT**

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer WEIS MARKETS, INC.

Nutrient	Unit	Data points	Std. Error	4.0 oz 112g	1 Value Per100 g
<b>Proximates</b>					
Energy	kcal	--	--	160	143
Protein	g	--	--	22.00	19.64
Total lipid (fat)	g	--	--	8.00	7.14
Carbohydrate, by difference	g	--	--	0.00	0.00
<b>Minerals</b>					
Iron, Fe	mg	--	--	1.80	1.61
Sodium, Na	mg	--	--	85	76
<b>Vitamins</b>					
<b>Lipids</b>					
Fatty acids, total saturated	g	--	--	2.498	2.230
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	80	71
<b>Amino Acids</b>					
<b>Other</b>					
<b>Ingredients</b>					
GROUND TURKEY, NATURAL FLAVORING <i>Date Last Updated by Company: 08/05/2014</i>					